

Game Day at the Fisher Cats

LEARNING

Last week, Spaulding was delighted to receive 30 tickets from Michael Ventura, President & CEO of Independence Financial Advisors, to attend a Fisher Cats game in the IFA suite. The students and staff enjoyed a wonderful experience, complete with a full spread of food, a visit from Fungo the Fisher Cat, and a sweet ending with ice cream before boarding the buses to head home.

Nicole Keefe
Board Liaison & Communications Specialist



Space Theme

This month in the art room we have been creating space themed art! Our students have been creating painted paper using different texture tools and painting techniques. Using our fine motor skills we traced and cut different sized circles to transform the painted paper into planets. We also learned how to splatter paint to create the stars in our galaxy. This beautiful mixed media piece is a collaboration made by the students in Stephanie's class!

Robyn Allen
Art & Music Teacher

Ask Your Child: What theme would you choose?



STUDENT ART

Hot Breakfast

NUTRITION

You may have heard that hot breakfast is back Monday through Friday! Come check out the healthy options featured from 7:30-9:30 am for students and staff in the cafeteria. A rotation of hot food entrees and a variety of fruits, grains, dairy products, and protein foods are available. The students are encouraged to choose a balanced meal. Recipes comply with the guidelines recommended by USDA. The Food Service staff has done an amazing job making this a HUGE success.

Hot breakfast is the first of our nutrition quality initiatives. Over the next few weeks, you will see other changes to our menu to help move us towards a food system more in line with the Dietary Guidelines for Americans. To reduce added sugars, dessert offerings at lunch will be noticeably smaller. Please help message to the students that this change is part of a healthier diet. We can still enjoy a treat but in a smaller portion. We will be offering some new dishes and are excited for you to try these. As part of the Choose Love Gratitude unit, the Life Skills Cooking Classes will be preparing fresh fruit platters for the departments around the Spaulding Campus. The students have worked hard learning the food safety and kitchen safety skills needed for them to be preparing these offerings with minimal support. We hope you enjoy some of these treats!

Lesley Robie, RDN, LD, CNSC
Registered Dietitian



NH Nonprofit Expo

This month, Spaulding was asked to participate in the NH Department of Education's Assistive Technology Expo, where educators, service providers, and leaders from around the state attend to see the latest in assistive technology. Charley Suter, Morgan Bailey, and Garrett Lavalley represented Spaulding as we demonstrated our work with virtual reality and other technology, our innovative and creative speech and language department, and our person-centered approach to teaching and learning. Attendees were inspired by the work we're doing here, and many wanted to connect with and learn more about us. It was an awesome opportunity to share all the incredible, collaborative things happening around our campus!

Charley Suter &
Morgan Bailey

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Trust-Based Relational Intervention (TBRI)

CLINICAL



Trust-Based Relational Intervention (TBRI) has a set of principles and strategies that give caregivers, parents, and professionals the tools to bring healing and well-being to children and adolescents who come from "hard places." It consists of three principles: Connecting, Empowering, and Correcting.

Empowering Principles are designed to facilitate change in children by supporting their physical needs and teaching them self-regulation skills through two sets of strategies to support this. Physiological Strategies and Ecological Strategies, contain approaches for helping children learn to regulate their behavior and emotions in the world around them which is vital for children's success.

Physiological Strategies - focus on the physical needs of children. Staying hydrated and maintaining optimal blood glucose (sugar) levels may not seem closely related to children's behavior, but in fact, they have a lot to do with how children learn, think, and behave. That's because, when children are dehydrated or hungry, their brain function is compromised.

Ecological Strategies - focus on supporting their self-regulation through transitions and daily rituals. Daily rituals can do wonders to aid children in learning numerous skills. First, it's helpful to understand the difference between routines and rituals. Routines are practices set in place so that caregivers and children can be prepared and know what to expect. Rituals, though, have a different function entirely. The purpose of ritual is connection. A strong connection is essential to helping children from hard places heal.

Question - When is the last time you had a drink of water?

Ashley Donahue, LCMHC
Community Residential Clinician/Mentor
& TBRI Practitioner

TRUST-BASED
RELATIONAL
INTERVENTION®

Applied Behavior Analysis (ABA)

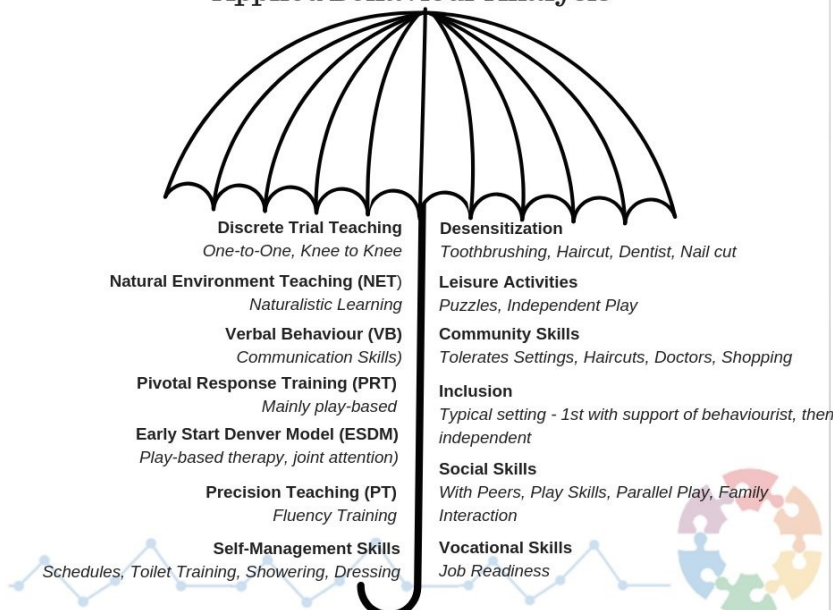
BEHAVIORAL



- ABA is the scientific approach to discovering the environmental variables that reliably influence socially significant behavior (immediate importance to the client) and then developing a technology to take advantage of those discoveries in order to effect lasting behavior change.
- Contemporary ABA began in 1968. Many changes have occurred within the science over the years. The history of ABA hasn't always been favorable and is continuously evolving with evidence-based interventions.
- It is the most widely accepted evidence-based therapy for autism. It is also effective for increasing or decreasing behaviors related to other diagnoses such as ADHD, anxiety, depression, etc.

Vincent Moniz,
Behavioral Specialist

Applied Behaviour Analysis



Meet the Behavioral Health Team

PERMANENCY

Meet your Behavioral Health Team!

Case Manager - Work with families to develop a plan to transition the child toward permanency. They will coordinate team meetings, visit schedules, and much more! They are your main point of contact while your student is in our care.

Mental Health Providers - Provide individual and group therapy/counseling to the student and families in our care. Works alongside behaviorist and case manager to deliver needed services to your student.

Behavioral Supports - Utilize a function-based approach to address a variety of behavioral difficulties across the home, school, and residential settings. A variety of data is analyzed to ensure data-driven treatment planning and decision making.

Permanency Specialist - Responsible for permanency planning at the onset of care. Responsible for after-care services by supporting individuals and their families for at least 6 months post discharge.

Clinicians and Behaviorists - are assigned as a team member or as consult based on your child's treatment needs! Don't know who is on your team? Reach out to your case manager!

Good Info: After Hours Emergency Number (603) 545-8191



Junior Prom

RESIDENTIAL

Hosted by Salena Durette, the first-ever Junior Prom took place on Friday, May 17th! This special event was for students ages 12 and under and was open to day students as well. DJ Kristin Cain kept the energy high with a fun mix of Disney and Kidz Bop tunes. The dining hall provided a delightful array of cookies, chips, and drinks. A few of the older students helped make the event even more special helping to do makeup and assist at the snack table. The students dressed in their best attire and showcased their groovy dance moves!

Next up: Prom for students ages 13 and older!

